

BreatheSmart[®]

POWERED BY
cohero health[®]



Instructions for Use

HeroTracker[®] Sensor for Control

HeroTracker[®] Sensor for Rescue

HeroTracker[®] Sensor for Diskus[®]

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Intended Use

HeroTracker® sensor is a medication reminder device intended for single-patient use to assist physicians and patients in recording and monitoring the actuations of prescribed metered dose inhaler (MDI) or Diskus® inhaler usage. The device is designed and intended for use by children 5 years of age or older, as well as adults.

Contraindications

The HeroTracker sensor is not intended for use as an MDI or Diskus inhaler dose counter, nor is it intended to indicate the quantity of medication remaining in an MDI or Diskus.

Product Description

Metered Dose Inhaler (MDI)

Your HeroTracker Sensor for Control

or Rescue tracks your medication use automatically. When you actuate your medication, you trigger the sensor in the HeroTracker device. The date and time of your dose is then recorded by the HeroTracker sensor and stored to its memory.

Diskus® Inhaler

Your HeroTracker Sensor for Diskus tracks your medication use each time you press the colored button in the center. After you actuate your medication, press the button to alert the HeroTracker sensor of the dose. The date and time of your dose is then recorded by the HeroTracker sensor and stored to its memory.

Bluetooth Pairing and Syncing

If a mobile device paired with the

BreatheSmart mobile app is within range, the information from the MDI or the Diskus will be transferred to the app. If not, the HeroTracker sensor will search once an hour for a mobile device with the BreatheSmart mobile app until it is able to sync the data.

Installation

Metered Dose Inhaler (MDI)

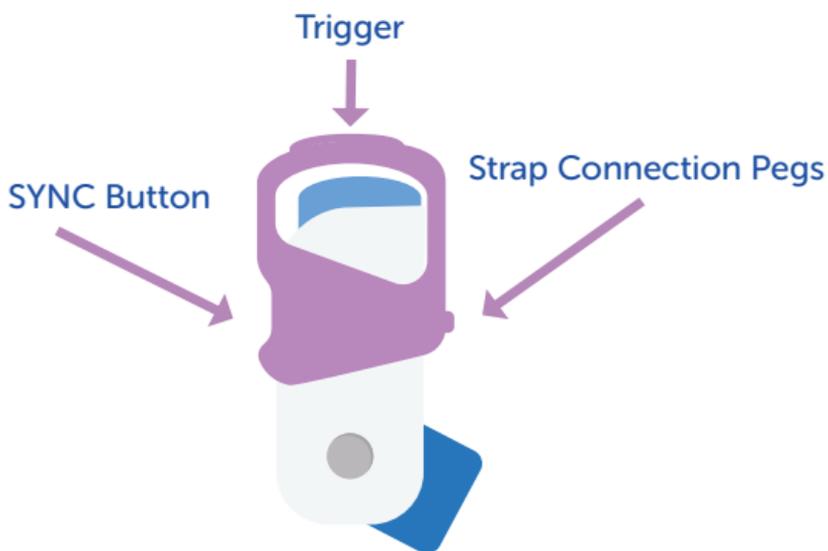
Remove the plastic pull tab on the inside of the HeroTracker Sensor for Control or Rescue to enable the battery to connect. To attach your HeroTracker sensor to your inhaler, first match the HeroTracker sensor to the type of medication you will be using. HeroTracker sensors come in two types, one for control medication (purple sensor) and one for rescue medication (teal sensor).

Make sure to match the appropriate HeroTracker sensor with the type of

medication that matches. Next, unclip the top strap of the sensor from the connection pegs. Push the medication canister and the top part of your MDI through the ring formed by the HeroTracker sensor until the HeroTracker sensor securely fits on the MDI. The SYNC button should be facing away from the MDI mouthpiece.

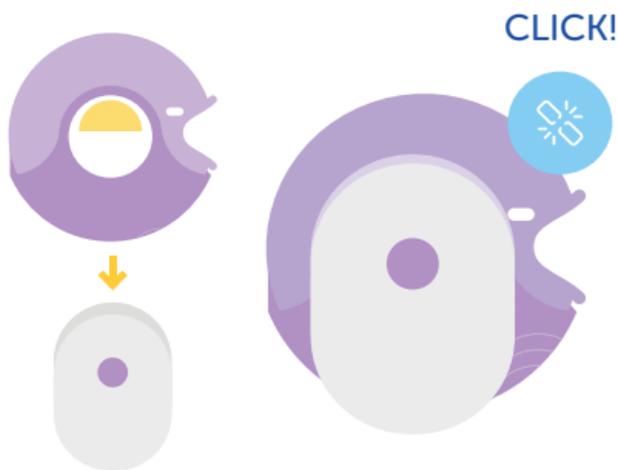
Pull down the top strap and connect the strap to the two connection pegs. Adjust the fit of the HeroTracker sensor on the medication, so that the trigger sits in the middle of the top of the medication canister (see image on the next page).

Your finger should comfortably sit in the designated area on top of the HeroTracker sensor, and the SYNC button should be facing away from you when you take your medication.



Diskus® Inhaler

Remove the plastic pull tab on the inside of the HeroTracker sensor to enable the battery to connect. Next, attach the HeroTracker sensor to your inhaler by sliding the HeroTracker sensor over the inhaler. You will know that it is successfully attached when you hear a small click.



Usage

Bluetooth Pairing

Follow the instructions in the BreatheSmart mobile app to pair your HeroTracker sensor. When you are asked to sync your HeroTracker sensor, press the small SYNC button on the back.

Metered Dose Inhaler (MDI)

Once the HeroTracker sensor is attached to an MDI and paired to the BreatheSmart app, when you actuate your MDI, you will automatically engage the trigger underneath the top strap. The HeroTracker sensor will record the date and time of this dose. This data will be automatically transferred to the BreatheSmart app when a mobile device with the paired BreatheSmart app is within range.

Diskus® Inhaler

Once the HeroTracker sensor is attached to an inhaler and paired to the BreatheSmart app, you will be able to record your medication adherence by pressing the colored button on the front of the HeroTracker sensor when you take your medication. By doing this, the HeroTracker sensor will record the date and time of this dose. This data will be automatically transferred to the BreatheSmart app when a mobile device with the paired BreatheSmart app is within range.

Transferring to a New Inhaler

Metered Dose Inhaler (MDI)

When you run out of medication in the MDI that has a HeroTracker sensor, and you have a new MDI, you can simply remove the HeroTracker sensor by disconnecting

the top strap from the two pegs, and sliding the HeroTracker sensor off the top of the MDI. Then reinstall on new medication following the instructions above. See also usage instructions provided within the BreatheSmart app.

Diskus® Inhaler

When you run out of medication and receive a new inhaler, simply slide the HeroTracker sensor off of the old inhaler and onto the new one following the instructions in the “Installation” section. See also usage instructions provided with the BreatheSmart app.

Precautions and Warnings

The HeroTracker sensor is not meant to communicate emergencies. Call your doctor right away if you need care.

HeroTracker sensor information can be delayed and your care team may not be aware of your condition. The HeroTracker sensor can help patients and their care teams understand patterns over time. The HeroTracker sensor is not a real-time patient monitoring system. If there is a serious incident that has occurred in relation to the device, please contact Cohero Health at (833) 426-4376 or support@coherohealth.com to report the incident.

Medication puff activation communication to a phone can be interrupted by a number of conditions.

Conditions that could cause this include excessive distance between the HeroTracker and phone or radiated signals in the vicinity of the phone. Other conditions that can cause this is; the phone or Bluetooth being turned off, or no internet connection. In any event, the dose information is not lost and is stored within the HeroTracker, and will be sent either during the next successful dose along with the present dose or by pressing the “Sync” button on the HeroTracker.

If your HeroTracker sensor interferes in any way with use of your inhaler, remove your sensor. You can continue to enter your doses manually.

Never delay using your inhaler in order to attach your HeroTracker sensor.

The HeroTracker sensor is not a dose counter. Please use the dose counter on your inhaler, if it has one. If the sensor obstructs the dose counter, frequently check your dose counter to ensure that you do not run out of medication.

The HeroTracker sensor should not be immersed in liquid. Do not place the sensor under water or put it in a dishwasher or sterilizer. It could damage the sensor and cause it to not function properly.

Choking hazard: Keep away from small children.

Do not try to remove the battery from the HeroTracker sensor or perform servicing activities on the sensor. This could damage the sensor and cause it to not work properly. Changes or modifications not

expressly approved by Cohero Health could void the user's authority to operate the equipment.

Technical Specifications

	MDI	Diskus®
Dimensions	3.5cm x 7cm	4.5cm x 7cm x 4.8cm
Bluetooth	4.0 LE	
Purpose	Records date and time stamp of medication dose	
Memory	Memory for 28 doses. Dose history remains in memory until data transmission sent and received by mobile app	
Certifications	 FCC ID: 2AFVGH01	

For a list of medications supported by the MDI and Diskus HeroTracker sensors, please visit www.coherohealth.com/medications.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful

interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and this device must accept any interference received, including interference that may cause

undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC Compliance information

This product is manufactured for Cohero Health, Inc.

Model HT11-C/HT11-R/HT11-D

You can contact Cohero Health Health concerning FCC compliance issues at www.coherohealth.com/FCC

Cleaning

Do not put the HeroTracker under water, in a dishwasher or sterilizer as this could damage the sensor. Remove the HeroTracker from your inhaler before

cleaning. Clean the outside of the device with a clean, dry cloth.

Disposal

The device should be disposed of as per, or in accordance with, local regulations.

Limited Warranty

Cohero Health warrants that your HeroTracker sensor shall be free from defects in material and workmanship from the date of purchase for the period of 90 days.

Customer Support

Questions? If you need assistance, please email support@coherohealth.com or call (833) 426-4376.

Para instrucciones en español ir a:
coherohealth.com/manuals/es

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